



Leg Health

SELF-ASSESSMENT

Venous insufficiency is a very common condition that has multiple causes and often underdiagnosed, which is unfortunate, because it can be effectively treated, allowing you to return to enjoying the activities of daily life.

If you are experiencing one or more of the symptoms or risk factors below, you qualify for a vein screening.

- | | | |
|---|---|--|
| <input type="checkbox"/> Heaviness in legs | <input type="checkbox"/> Skin discoloration or skin changes | <input type="checkbox"/> Spider veins |
| <input type="checkbox"/> Tired legs | <input type="checkbox"/> Itching | <input type="checkbox"/> Varicose veins |
| <input type="checkbox"/> Aching or throbbing pain | <input type="checkbox"/> Slow healing wound | <input type="checkbox"/> Family history of vein problems |
| <input type="checkbox"/> Swollen legs and/or ankles | <input type="checkbox"/> Restless legs | <input type="checkbox"/> Sit or stand for long periods every day |
| <input type="checkbox"/> Leg cramps | <input type="checkbox"/> Burning sensation | |

If you checked one or more boxes, and would like to be evaluated for venous insufficiency, please complete the information below and we will contact you to schedule this simple clinical screening exam, which is covered by most insurance.

Name _____

Phone (best contact) _____

Email _____

If you return this form at a later date, you can scan and email to info@veincenterswla.com, fax to **(337) 312-8307** or mail to the **Vein Center of SWLA**
711 Dr. Michael DeBakey Dr.,
Lake Charles, LA 70601.

